



*The 18th Annual Public Service
Professional Development
Series*

*Federal Executive Board
Greater Los Angeles
FY 2020 Leadership
Training Opportunities*

November 21, 2019

January 16, 2020

March 19, 2020

May 21, 2020

July 16, 2020

September 17, 2020



Route 66 - The Road Through America

The 18th Annual Public Service Professional Development Series has been created to meet the intergovernmental needs unique to public service.

Who Should Attend? All Public Service Professionals working in an organization undergoing change, seeking to improve their individual skills and need local, low-cost, solution-focused training. The Public Service Professional Development Series (PSPDS) addresses professional development needs identified by Greater Los Angeles Federal Executive Board (FEB) partners. Joining together to focus on mutual training needs allows us to offer courses designed specifically for public service employees. By leveraging resources available through Federal, State and local governments - and our private industry partners - we have the ability to offer low-cost training provided by well-respected sources. (Note: PSPDS supports the Federal Supervisory Training Act (S. 674) to enhance Federal employees' / managers' performance.)

PSPDS also offers flexibility not available in most long-term training programs. You can send one person to all six 4-hour seminars creating a comprehensive training opportunity, or you may send different individuals to each seminar that tailors the program to specific professional development needs. This flexibility allows you to provide one year of training at the lowest possible rate. You only pay once for the six training programs, decide how to distribute the tickets and use them as developmental tools or possibly incentive awards. There is also the option of purchasing individual session tickets by contacting the FEB. You decide!

Take advantage of this unique opportunity for exceptional quality training at an affordable price!

- Special Thanks to VA Greater Los Angeles Healthcare System (VAGLA), Robert W. McKenrick, Acting Director; Jennifer Worley, Associate Director, Operations; Dr. Lance George, Acting Chief of Staff; Marcia Lysaght, Associate Director for Patient Care Services; Robert W. McKenrick, Executive Director of Clinical Care, Meghan Flanz, Executive Director, Master Plan; Patrick Brandell, Acting HRO; Trisha Garcia, Acting Logistics Officer, for providing resources for publication.
- Training Programs arranged by Ira H. Needleman, Chair, FEB, Shared Training Forum.
- Graphic Design prepared by Scott Hathaway, Chief, Medical Media Department, (VAGLA).
- Reproduction Section, (VAGLA).

November 21, 2019 * 8:30a.m. - 12:30p.m. * Session 1
“Your Best Just Got Better” – Work Smarter-Think Bigger-
Make More Advances in Your Organization
**Speaker/Sponsor: Jodi Womack, Get Momentum &
Associates, Based upon the Book , “Your Best Just Got
Better”.**

This seminar will present actionable strategies to help managers, employees and leaders make lasting sustainable changes in their working lives. Successful people set a clear direction to move in, and work effectively utilizing all their strengths. By applying just a little focus to when you're at your best, you can improve the way you approach the things you need to get done. This highly interactive session provides you tools to THINK BIGGER and balance existing goals. Leaders must always remember what you are thinking bigger for and build both to-do lists and “stop doing” lists as they go along. You will learn how to engage the organization and ultimately achieve newer and bigger goals!

January 16, 2020 * 8:30a.m. - 12:30p.m. * Session 2
“Mindfulness and Positive Psychology”: Move Toward Greater
Balance, Control and Participation in Your Work Life.
**Speaker/Sponsor: Lamees Khorshid, PsyD, BCB, BCN,
Clinical Health Psychologist, Author of “I Want to Be
Happy”.**

Let's make our work environment a “Happy Place”. Positive psychology reveals “GREAT” habits lead to improvement in career success at work, increased performance and successful relationships. In this highly interactive session you will learn to apply the principles of mindfulness and happy habits to increase success and vitality. You will gain skills to improve attention, increase energy, enhance well-being and work better with others. Remember, your attitude improves work performance by reducing negative perceptions and increasing resiliency. Optimum performance is a challenge- positive psychology and mindfulness will help us get there!

March 19, 2020 * 8:30a.m. – 12:30p.m. * Session 3

“The Power of Habits”- A science-based approach to developing good ones and dropping bad ones”- How to develop efficiency and increase productivity in the workplace.

Speaker/Sponsor: Tyler Wade, M.A., People Development Systems Inc.

Are you stuck with the same bad habits at work and in your personal life? Does your employer see you as just an average employee? What prevents us from changing our ways of thinking and possess a positive business acumen for success. Winners and losers start with the same goal in mind. **Goals are important!** There is increasing evidence that what differentiates winners is their systematic building of good habits and their elimination of bad ones. Through this interactive session, you will learn the science of habits (how habits work) and how it relates to practical workplace application. You will practice a 3-step model for making or breaking habits. Imagine the impact this class could have on you.

May 21, 2020 * 8:30a.m. – 12:30p.m. Session 4

“The 6 Critical Practices for Leading a Team” –More than just a training event!

Speaker/Sponsor: The Franklin Covey Group, Patrick Leddin, Ph.D.

Do your leaders know how to unleash the highest and best contribution of their teams toward their organization's most critical priorities? Today's leaders must be able to see their people as “Their Greatest Asset” in order to manage and lead accordingly. As a result, leaders spend their efforts creating a place where employees can offer their best. Through this highly interactive session, leaders will learn a new mind-set, a new skill-set and new tool-set. Discussions to include, the four (4) chronic problems faced by today's leaders and the four (4) imperatives to sustain outstanding performance in your organization. Learn the best practices of leadership from Franklin Covey's industry experts.

July 16, 2020 * 8:30a.m. – 12:30p.m. * Session 5
“Overcoming 3 Top Destructive Behaviors in Business Today”-
Setting up agreements, developing recovery plans and holding
each other accountable for STELLAR RESULTS.
**Speaker/Sponsor: Mark Samuel, IMPAQ, Author of “Making
Yourself Indispensable”**

As a business leader in today's environment of shrinking resources, expanding roles and escalating pressure to deliver ever higher quality results in less time, it's imperative to have a high functioning organization. The fundamentals of accountable leadership directly addresses the root causes of destructive behaviors and provides solutions that you can implement immediately right into your organization. This interactive session will introduce a model of accountability that REALLY WORKS and finally answers the million \$ question: Accountable to what? You will learn how to instill in your people the ownership, drive and behaviors you need for success without policing or micromanaging.

September 17, 2020 * 8:30a.m. - 12:30p.m. * Session 6
“The Power of Storytelling for Leadership” – How listening to
your organizations voices prove valuable.
**Speaker/Sponsor: Jeff Beals, Keynote Publishing, LLC.,
Author of “Self-Marketing Power: Branding Yourself as a
Business of One” and “Selling Saturdays”.**

From civilization's earliest days, humans have been captivated by stories. That's why the most effective professionals use stories to educate, persuade and reassure others. The key to winning over stakeholders and coaching your employees is to paint a picture with memorable stories. Through storytelling you can build relationships, develop compassion, improve listening skills, create a culture of accountability and **ENGAGE** staff. This humorous and story-filled presentation shows you how to increase your effectiveness by harnessing the power of stories. You will learn what makes an effective story for professional use and how to discover a unique story for your organization. Through classroom interaction, we want to hear your story!

Public Service Professional Development Series Training Consultant Alumni

The Federal Executive Board of Greater Los Angeles is proud of our association with our exceptional trainers. The FEB has developed a contact list of the Alumni of “Public Service Professional Development Series” training facilitators for your use. The listing identifies past and present training consultant’s contact information. Please contact the trainers directly for fee schedule.

Please visit us at

www.losangeles.feb.gov/services

Please also visit us www.losangeles.feb.gov for other information about the Federal Executive Board.

Comments from our Participants

Wish I had attended a year ago

Excellent- bring this speaker back again

An honor to be part of this training

Very good session, eye opening

Thank you for sharing those nuggets

Excellent speaker - thought provoking

Ticket price includes all 6 sessions.
Tickets & Directions (free parking) will be sent to your
contact person once payment has been processed.

Mail, Fax or E-mail Registration to FEB

By: October 25, 2019

Series Fee \$480.00* There will be a 10% agency discount for purchases
made by September 27, 2019; total agency cost is \$432.00.

Tickets To: _____

E-mail: _____

Phone: _____ Ext. _____ Fax: _____

Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

Method of Payment

Enclosed Check Credit Card
Payable to FEB VISA/MC

Number of series ordered:

(1 order is 1 ticket for each of the 6 courses)

Card Number _____

Expiration Date: ____ Mo. Yr.

Card Holder Address _____

Card Holder Name, please print _____

Card Holder Signature _____

Card Holder E-mail address _____

Total amount authorized for this purchase \$

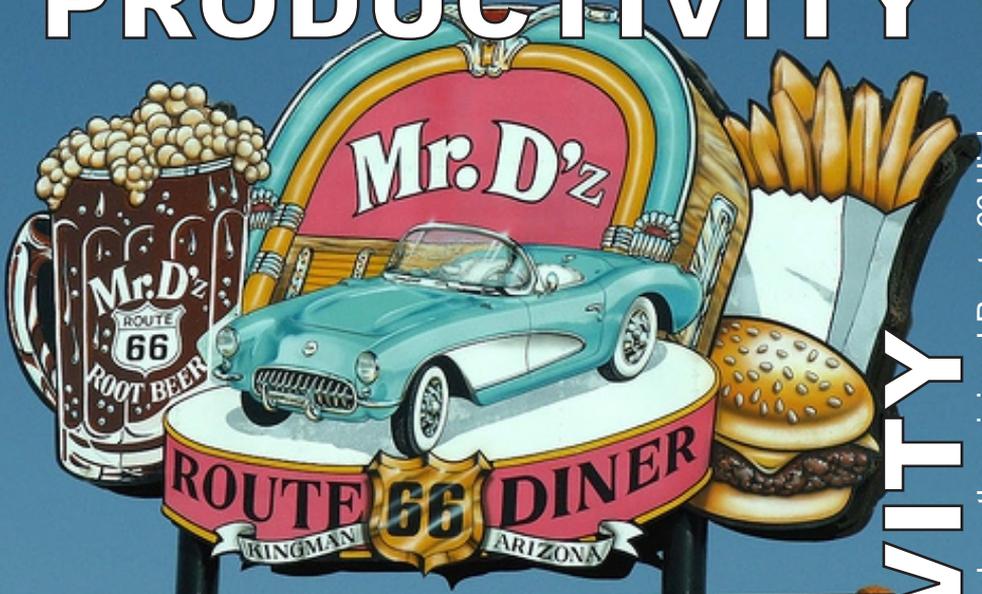
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All six sessions will be held at the same location:
The Grand, Long Beach Event Center
4101 E. Willow Street
Long Beach, CA 90815



PRODUCTIVITY



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photos are along the original Route 66 Highway

