

# HIKING AND WALKING WITH SOCAL FEDS **GET FIT** FOR THE MONTH OF FEBRUARY AND MARCH

## ARROYO SECO SAN GABRIEL MOUNTAINS

February 16, 2013

Location:  
Parking available on  
Altadena Drive. Street  
parking is available in  
this residential  
neighborhood

Time:  
11:00 am – 3:00 pm

8.2 miles

Hike:  
Brown Mountain Dam

Bring water, lunch and  
snack

Wear sneakers  
(shoes may get wet)

## GRIFFITH PARK

February 16, 2013  
3 miles

Hike: Trails Cafe

March 2, 2013  
3 miles

Hike: Roosevelt Golf

March 16, 2013  
7.5 miles

Hike: Magic Tree

Time: 8:00 am - noon

Bring water and snack  
Wear hiking shoes or  
sneakers

Location:  
Griffith Observatory  
2800 E. Observatory  
Rd  
Los Angeles, CA 90027

Ranger Ernie will  
conduct the hiking

## ROSE BOWL

Every Saturday in  
March

Location:  
Rose Bowl Stadium  
1001 Rose Bowl Dr  
Pasadena, CA 91103  
Turn left in Lot F,  
located on Arroyo Blvd  
and Seco St. Lot F is in  
front of the Rose Bowl  
Stadium

Time:  
8:00 am – 10:00 am

3 – 6 miles

Bring water and snack  
Wear sneakers



### CONTACT FOR INFORMATION

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## SANTA MONICA MOUNTAINS

### February 16, 2013

**Location:**

2903 Cornell Rd  
Agoura Hills, CA 91301

**Time:**

2:00 pm – 4:00 pm

3 miles

Ranger: NPS

### February 17, 2013

**Location:**

101 Fwy to Topanga Canyon Blvd South to Mulholland Drive. Turn west (right) and go for 0.25 mile. At Mulholland Hwy, turn left and continue for 5 miles. Turn left of Stunt Rd. Go 1 mile to the pullout on the right.

Time: 9:30- am - noon

3 miles

Hike: Cold Creek

(which is just a little west of Topanga State Park)

Ranger: Cold Creek Docents

### February 24, 2013

**Location:**

1925 Las Virgenes Rd, Calabasas, CA 91302

Time: 10:00 am - noon

3 – 4 miles

Hike: Malibu Creek State Park

Ranger: Malibu Creek docents

## SANTA MONICA MOUNTAINS

### March 2, 2013

**Location:**

101 Fwy to Topanga Canyon Blvd South to Mulholland Drive. Turn west (right) and go for 0.25 mile. At Mulholland Hwy, turn left and continue for 5 miles. Turn left of Stunt Rd. Go 1 mile to the pullout on the right.

**Time:**

9:30- am - noon

3 miles

Hike: Cold Creek

(which is just a little west of Topanga State Park)

Ranger: Cold Creek Docents

### March 9, 2013

**Location:**

1925 Las Virgenes Rd, Calabasas, CA 91302

Meet at lower parking lot

Malibu Creek State Park

Combine the aerobics of hiking with the stretching and meditative qualities of yoga.

Bring a yoga mat.

**Time:**

9:30 am -11:30 am

### March 16, 2013

**Location:**

Santa Monica Mountains Visitor Center  
26876 Mulholland Hwy, Calabasas, CA, 91302

Join a ranger for a fun-filled hike with your toddler while learning about the plants and animals.

**Time:**

10:00 am - noon

Bring water and snack

Wear hiking or sneakers

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