

Banana Bread Muffins

1 1/2 Cup Whole Wheat Flour
1/2 Cup of Oats
1 Cup of Sugar
1 1/2 teaspoon baking soda
1 teaspoon cinnamon
3/4 teaspoon salt
1/4 teaspoon nutmeg
3/4 Cup micro-shredded zucchini
3 large eggs
4 mashed ripe bananas
1 teaspoon vanilla
1/4 cup ground almonds

Preheat oven to 350 degrees. Mix all dry items together; flour, oats, baking soda, cinnamon, salt, nutmeg and almonds. In a separate bowl, mix all the wet items together; eggs, vanilla and sugar. Add zucchini to wet items and stir. Mix dry ingredients with wet ingredients and mix well.

Pour mix into paper cupcake holders - bake for 25 minutes.

Enjoy!

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